



your health navigator

RESPECT



RESPOND



CONNECT



Your Health Navigator is a South Australian company dedicated to providing professional and reliable in-home care.

We are passionate about advocating for our clients and personalising care programs to suit individual needs. Our aim is to improve your quality of life and assist you to remain at home as long as possible.

1300 145 126

www.yourhealthnavigator.com.au

HOSPITAL NAVIGATION

We provide support and advocate on your behalf if you are admitted to hospital. This includes pre-admission advice, in-hospital representation and assistance with coordinating your discharge home.

NURSING NAVIGATION

We provide in-home nursing services such as:

- Post hospital assessment
- Wound management
- Continence assessment
- Palliative care
- Medication management

COMMUNITY NAVIGATION

We provide personalised wellness assessments to identify risks and offer recommendations, for example:

- Liaising with doctors, family members, carers and other local community service providers on your behalf
- Arranging ongoing support at home
- Connecting you with local service networks

NAVIGATION PACKAGE

We customise care packages to meet your individual needs. This may be short or long term care and can include:

- In-home nursing
- Hospital Navigation
- Community Navigation
- Allied health services
- Personal care/home help



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